

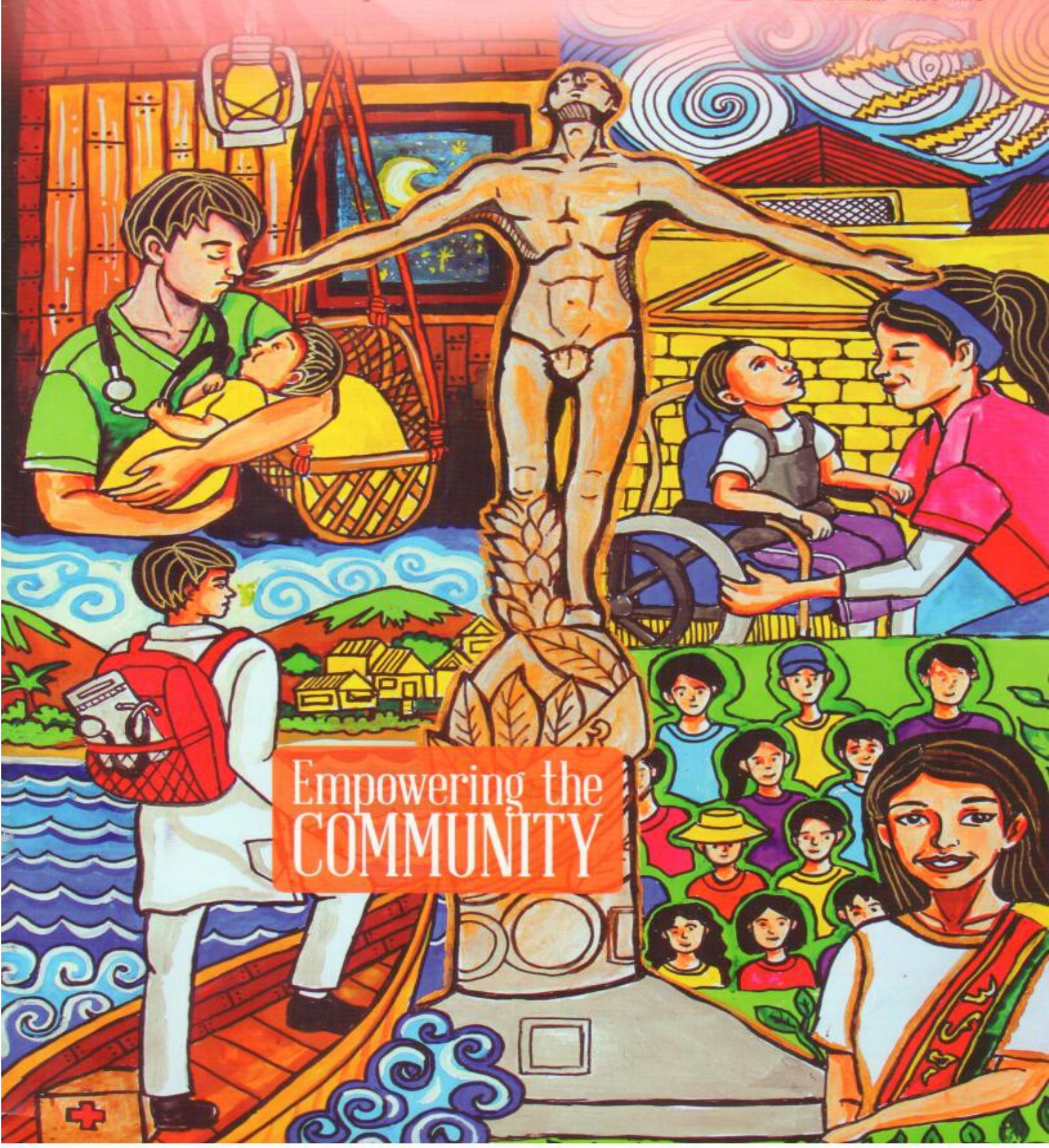
# Health

The UP Manila Health and Life Magazine



# Ripples

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Empowering the  
**COMMUNITY**

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